



# Housing with a Plan

*Second Heart Homes is a 501 (c) 3 non-profit organization dedicated to providing permanent housing to homeless or at-risk individuals who are experiencing mental illness. Our goal is to provide long-term solutions that revive dignity and enhance quality of life through self-sufficiency. Our approach is a multi-step model that meets people where they are and guides them forward.*



## STABLE ENVIRONMENT

Homelessness can cause individuals to feel out of control of their lives and limits their ability for growth. Housing first with a plan is an important initial step in providing an opportunity to work toward self-sufficiency. A stable environment enables people to assess their skills and develop in areas where they may be struggling. Having a home - not just a house - provides a necessary foundation for building a better future.



## SUPPORT SYSTEM

Once a stable living environment is established, building a support system becomes an integral part of helping people reach their full potential. We offer high-touch services to those who may not have any support systems in place. Some of these services include connection to social benefits, building skills, and mentorship. The goal is to remove barriers while extending respect, dignity, patience, and love.



## SELF-CARE

Self-care fosters the belief in one's value to him/herself and to others. Meeting basic needs such as personal safety, nutrition, and hygiene restores dignity. Taking care of daily tasks like cooking and cleaning helps to build strong skills and work habits.

**Off the  
Streets and  
into Self-  
Sufficiency**



## SENSE OF BELONGING

Many homeless individuals are shunned and treated as outcasts in society. Community living and integration allows for bonding, socialization, connectivity with personal space, safety, and growth. We are all our best selves when we feel accepted and part of something bigger.



## PURPOSE & FULFILLMENT

Purpose and fulfillment can be found through human relationships, employment, volunteering, navigating life's ups and downs, and spiritual endeavors. It is important to manage expectations and meet individuals where they are in order to maintain a quality of life that is consistent with each individual.

